

Pantry

Sandwiches served with your choice of French fries, cottage cheese, slaw or fruit

Classic Cobb Salad

Tomatoes, avocado, blue cheese, turkey, bacon, egg, butter lettuce

blue cheese dressing

Regular - \$13.50 – Petite - \$8.25

Fiesta Salad

Crisp greens tossed with chicken breast, fire roasted sweet peppers, corn,

black beans, tomatoes, jack cheese, and Spicy Ranch style dressing

Regular - \$13.50 – Petite - \$8.25

Classic Canyon Caesar

Romaine, Parmesan cheese, garlic croutons, tangy Caesar dressing

Regular – \$11.95 – Petite - \$6.75

Add Chicken to Salad \$2.99, Add Salmon to Salad \$4.99

Spinach Salad

Hard boiled egg, chopped bacon, Russian dressing

Regular - \$12.50– Petite - \$7.50

Add Chicken to Salad \$2.99, Add Salmon to Salad \$4.99

Shrimp and Mango Salad

Mixed greens, red onion, cucumber, avocado, diced jumbo shrimp

mango, Chipotle-Mango vinaigrette

Regular - \$14.95 – Petite - \$9.25

Greek Salad

Baby spinach, cherry tomatoes, black olives, feta cheese, cucumber, red onion

diced chicken, lemon oregano vinaigrette, pita bread

Regular - \$13.50 – Petite - \$8.25

Marinated Prime Flat Iron Steak Salad

8 oz. steak, mixed greens, blue cheese crumbles, jicama, cucumber, avocado, tomatoes, crispy

shallots, shallot vinaigrette

\$16.50

Blackened Rare Ahi Salad

Mixed greens, water chestnuts, grilled pineapple, mandarin oranges, sliced almonds

asian vinaigrette, topped with crispy won tons

\$14.75

Chicken Salad Sandwich

Apples, raisins, almonds, tarragon, cr•me fraiche, curry mayonnaise

butter lettuce, toasted raisin bread

\$11.95

Blackened Salmon Tostada

Corn tortillas, tomatoes, cilantro, corn, black beans, red peppers

lettuce, avocado, Pico de Gallo, sour cream, roasted red pepper sauce

\$14.00

Cream of Tomato Soup

House specialty with Roma tomatoes scented with basil

\$5.50

Soup of the Day

Made fresh daily

\$4.99

Hot Side

Burgers & Sandwiches served with your choice of French fries, cottage cheese, slaw or fruit

Ben's Best Burger

10oz. patty, cheddar, tomatoes, onions, lettuce, bacon, sesame bun

\$12.75

Please allow 15-20 minutes for a well-done hamburger; Substitute Garden Burger No Charge

Grilled BBQ Meatloaf Sandwich

Lettuce, tomatoes, red onion, BBQ sauce, grilled Parmesan sourdough

\$12.95

Marinated Prime Flat Iron Steak Sandwich

8 oz. steak, melted mozzarella, grilled onions, sliced tomatoes, garlic mayonnaise

ciabatta bread

\$16.50

Grilled Vegetable Sandwich

Portobello mushrooms, eggplant, zucchini, squash, roasted red pepper, red onion, tomatoes,

garlic mayonnaise, jack cheese, ciabatta bread

\$11.75

Ranch Crispy Chicken Sandwich

Cheddar cheese, bacon, lettuce, tomatoes, avocado, ranch dressing, ciabatta bread

\$12.75

Turkey Dip

Thinly sliced turkey, grilled onions, sautéed mushrooms, jack cheese, hoagie roll

served with Au Jus

\$11.50

Sub Roast Beef for Turkey Add \$2.00

Classic Reuben

Corned beef, Swiss cheese, 1000 island, coleslaw, sauerkraut, rye bread

\$11.75

Grilled Croque Monsieur

Thick egg bread, swiss cheese, sliced ham, garlic mayonnaise, Dijon mustard

sliced tomatoes, horseradish

\$11.75

Tuna Melt Sandwich

Grilled sourdough, tomatoes, onions, Swiss cheese

\$11.25

Canyon Turkey Sandwich

Lettuce, tomato, avocado, bacon, mayonnaise, toasted sourdough

\$10.95

Hebrew National Kosher Hot Dog

Ask for your favorite toppings

\$8.50

Thai Wrap

Steamed rice, won-tons, napa cabbage, sliced chicken

Thai peanut sauce

\$12.00

Taxes not included, groups of 6 or more automatic 20% gratuity 03/07